

Random Acts of Kindness Week

February 26-March 1

Random Acts of Kindness week focuses on the spirit of hope and goodness. It is an opportunity to concentrate on how kindness towards others can make us feel better about ourselves. This year we are going to continue our week of Kindness Challenge. Every student will be provided with a check-off list that has acts of kindness to accomplish. During the week, they should try to do as many things on the list as possible.

In addition to the Kindness Challenge, we will be having themed days as well. Here are the themes as follows:

Monday 2/26: "Peace and Kindness Day" - Wear tie dye.



Monday's Conversation-Discuss the importance of being kind and showing kindness.

Tuesday 2/27: "Kindness comes in many forms but always from the heart"- Wear red.



Tuesday's Conversation - Discuss ways we show kindness to new people we meet.

Wednesday 2/28: "Powered by kindness"- Wear your favorite superhero gear.



Wednesday's Conversation- Discuss how your kindness can shine every day.

Thursday 2/29: "Have good character and be kind"- Wear your favorite Disney character clothing.



Thursday's Conversation -Discuss ways we can help people.

Friday 3/1: "Be a good sport"- Wear your favorite sports jersey/gear!



Friday's Conversation -Tally up your class's acts of kindness.