



Satchel Pulse

Example Elementary Student
Self-Assessment



Read and Rate

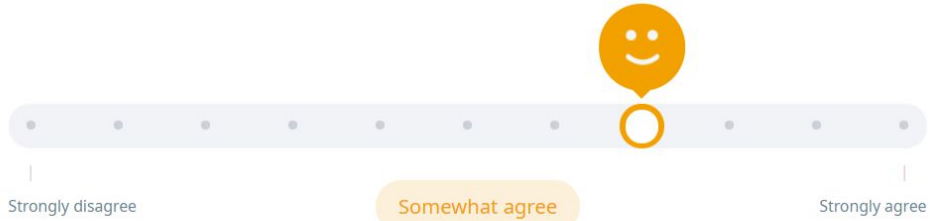
- Read the question/statement carefully.
- Slide the slider to show how much you agree/disagree with the question.

Note:

The frowny face does not mean you are bad. It just means you do not agree with the statement.

Question 1

When I am upset, I am able to keep my thoughts and feelings from affecting others



Question 2

I can stay calm when things/people are bothering me



Strongly disagree

Strongly disagree

Reset

Work Carefully

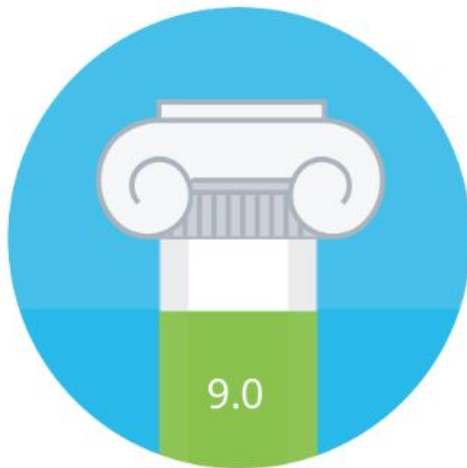
- There are 25 questions in your self-assessment.
- Think carefully about each question and rate how much you agree with each question on MOST days.

Question 1

When I am upset, I am able to keep my thoughts and feelings from affecting others 🔊

Strongly disagree | Somewhat agree | Strongly agree

Reset



Skills assessment for
Luka Doncic (Grade 3)

Please select preferred language:

 English (USA) ▾

Begin assessment

Question 1

I think before I act, even when I am upset

Strongly disagree | Strongly agree

Question 2

English (USA) ▼

I stay calm when things are bothering me



Question 3

English (USA)

I set goals to help me achieve the things I want to do



Question 4

I come to class with everything I need



Question 5

I get my work done on time



Question 6

English (USA) ▼

I keep going with work/tasks even if they get hard



Question 7

I use feelings words to tell people how I am feeling



Question 8

English (USA)

I know what I am good at and the things I need to work on



Question 9

English (USA)

I know what I am good at



Question 10

English (USA) ▼

I am brave enough to do the things I want to do on my own



Question 11

English (USA) ▼

I can learn anything if I try



Question 12

English (USA) ▼

I can see how someone else might be thinking about a problem



Question 13

English (USA) ▾

I am good at understanding how other people feel



Question 14

I know and respect differences between people



Question 15

English (USA)

I respect other people's things and feelings



Question 16

English (USA)

I say things clearly so people understand what I mean



Question 17

English (USA) ▼

I get along well with other children



Question 18

English (USA) ▾

I know how to make good links with other people



Question 19

I work well in a team, and other children say that too



Question 20

English (USA)

I think about a problem before making a choice



Question 21

English (USA)

I can see all the parts of a problem before I make a choice



Question 22

English (USA)

I can think of answers to problems when someone is making a choice



Question 23

English (USA)

I can think about all the choices when making a decision



Question 24

I think about the choices I have made to see if they are good



Question 25

English (USA)

I try to make fair choices with other people





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