

Chesterfield Township School District

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COVID-19 Reference Guide for Chesterfield Elementary School

THE DAILY HEALTH FORM MUST BE COMPLETED BEFORE 8:00 AM EACH MORNING AND SHOULD BE COMPLETED BEFORE YOUR CHILD LEAVES YOUR HOME.

The Daily Health Form is found in Genesis.

Your child will NOT be permitted to enter the classroom until this form is completed each day.

When should a student and/or staff member stay home?

- Tested positive (viral test) for COVID-19 **or pending COVID-19 test results.**
 - Parents should not send students to school when sick. NJDOH recommends that students and staff with the following symptoms be promptly isolated from others and excluded from school:
 - At least two of the following symptoms: fever (measure or subjective), chills, rigors (shivers), myalgia (muscle aches), headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose;
- OR**
- At least one of the following symptoms: cough, shortness of breath, difficulty breathing, new olfactory disorder, new taste disorder.
 - Travelled to an area of high community transmission [New Jersey Travel Advisory List](#)
 - Has had close contact **(within 6 feet of an infected person for 15 minutes or more during a 24 hour period)** with a person with confirmed COVID-19.
 - Someone in your household is diagnosed with COVID-19 **or is being tested for COVID-19.**
 - If a suspected student has a sibling in the school, the sibling(s) should remain home (SEE SCENARIO * BELOW)

SCENARIO	ACTIONS/CLOSURE
<p>1) 1 confirmed case in the school</p>	<ul style="list-style-type: none"> ● School remains open ● The confirmed case is instructed to isolate until it has been 10 days since symptom onset, symptoms have resolved and they have been fever free without fever reducing medicine for 24 hours. If they were never symptomatic, they need to isolate for 10 days from the test date. ● Students and staff in close contact with a positive non-household case are quarantined from school for 14 days from the date of exposure. ● Students and staff in close contact with a positive household case are to quarantine 14 days from the date that a COVID-19 positive household member completes their 10 day isolation period. ● All school notified by administration
<p>2) 2 or more cases in the same classroom (outbreak limited to one cohort)</p>	<ul style="list-style-type: none"> ● School remains open ● Students and staff in close contact with a positive case are excluded from school for 14 days from date of last exposure. ● Recommendations for whether the entire classroom would be considered exposed will be based on public health investigation ● All school notified by administration
<p>3) A significant community outbreak is occurring or has recently occurred (e.g., large event or large local employer) and is impacting multiple staff, students, and families served by the school community</p>	<ul style="list-style-type: none"> ● Consider closing school for 14 days, based on an investigation by the local health department. ● All school notified by administration
<p>4) A family member or close contact of a staff member or student (outside of school) tests positive for COVID-19</p>	<ul style="list-style-type: none"> ● Notify School Health Office immediately ● The close contact will be sent home or instructed to remain home. ● The close contact will be instructed to get tested ● The close contact will be instructed to quarantine even if the test is negative, for a full 14 days after <ol style="list-style-type: none"> 1. the date of last exposure to COVID-19 positive non-household contact OR 2. 14 days from the date that the

	<p>COVID-19 positive household member completes his/her 10 day isolation.</p>
<p>5) A student or staff member either exhibits COVID-19 symptoms or answers “yes” to a health screening question.</p>	<ul style="list-style-type: none"> ● Student/staff member remains home or is sent home. (Student will be sent immediately to the screening room to be isolated from other students/staff) ● Student/staff member instructed to stay home for 10 days unless: <ol style="list-style-type: none"> 1. A negative COVID test
<p>6) Student A is exhibiting COVID-19 symptoms and has a sibling(s) in the school.</p>	<ul style="list-style-type: none"> ● The sibling(s) of Student A will remain home for 10 days unless <ol style="list-style-type: none"> 1. Student a receives a negative COVID test ● If student A tests positive, the sibling(s) is excluded from school for 14 days from the conclusion of student A’s 10 day isolation period (TOTAL OF 24 DAYS). ● If student A tests positive, the class of student A will be quarantined for 14 days from last contact. ● Sibling’s class will remain in school, unless he/she tests positive.

COVID-19 Illness and Quarantine Guidelines: The chart below was developed to provide parents with the protocols we follow for common COVID-19 related health issues.

Person A	Person B	Person C	Person D
<p>Any person who has tested Positive for COVID-19.</p>	<p>Any person who lives in the same household with Person A</p>	<p>Any person with close contact to Person A (<i>>15 min and <6 feet or for 15 mins across a 24 hour period</i>)</p>	<p>Any person who has had close contact to Person B or Person C (<i>>15 min and <6 feet or for 15 mins across a 24 hour period</i>)</p>
<p>With Symptoms: Isolation until the following requirements have been met:</p> <ul style="list-style-type: none"> ✓ At least 10 days since symptoms first appeared and ✓ 24 hours since last fever (without the use of fever-reducing medication) and ✓ Symptoms have improved. <p>Without Symptoms (Asymptomatic): Isolate for 10 days from date of positive test:</p> <ul style="list-style-type: none"> ✓ Monitor self for symptoms, take temperature twice a day. ✓ Released from quarantine after at least 10 days have passed. 	<p>Any person who lives in the same household with Person A</p> <p>With symptoms:</p> <ul style="list-style-type: none"> ✓ Get tested ✓ Stay home for 10 days AND it has been 24 hours after fever resolution and improved symptoms ✓ Or negative COVID test. <p>Without Symptoms (Asymptomatic): Quarantine immediately.</p> <ul style="list-style-type: none"> ✓ Quarantine while Person A is ill and isolated and ✓ Quarantine an <u>additional</u> 14 days after Person A has recovered and been released (NJDOH recommendation) ✓ Quarantine can last 24 days or longer depending on household situation. <p>Recovered and Released</p>	<p>Any person with close contact to Person A (<i>>15 min and < 6 feet or for a total of 15 mins across a 24 hr. period</i>)</p> <p>Quarantine for 14 days following date of last exposure (NJDOH recommendation.)</p> <ul style="list-style-type: none"> ✓ Contact the Health Department with any questions and further instructions. ✓ Monitor self for symptoms, take temperature twice a day. ✓ If symptoms develop, notify Primary Care Provider <p>Recovered and Released</p>	<p>Any person who has had close contact to Person B or Person C (<i>>15 min and < 6 feet or for a total of 15 mins across a 24 hr. period</i>)</p> <p>NO QUARANTINE OR ACTION REQUIRED UNLESS: Person B or Person C develops symptoms OR tests positive <u>AND</u> Person D has had contact with B or C within 48 hours of symptoms or positive test, then:</p> <p>Quarantine for 14 days following date of last exposure (NJDOH recommendation).</p> <ul style="list-style-type: none"> ✓ Monitor self for symptoms, take temperature twice a day. ✓ Contact The Health Department with any questions and further instructions. ✓ Contact Primary Care Provider. <p>Recovered and Released</p>

When will I be notified?

All families and staff will be notified for any confirmed case of COVID-19 by administration. If a staff member or your child(ren) is considered a close contact, you will be notified separately so that the close contact can quarantine for 14 days from last exposure to confirmed case.

Can a face shield be worn alone instead of a face mask?

CDC does not recommend use of face shields for normal everyday activities or as a substitute for cloth face coverings because of a lack of evidence of their effectiveness for source control.

Can my child wear a gaiter mask instead of a cloth or surgical mask?

No, the CDC does not recommend the use of gaiter masks because the effectiveness is unknown. Please have your child wear a cloth or surgical mask.

Please refer to the instructional videos in the school website

<https://www.chesterfieldschool.com/site/Default.aspx?PageID=2873>

How to Select, Wear, and Clean Your Mask

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>

TRAVEL GUIDELINES:**NJ travel advisory:**

<https://covid19.nj.gov/faqs/nj-information/travel-and-transportation/which-states-are-on-the-travel-advisory-list-are-there-travel-restrictions-to-or-from-new-jersey>

International travel advisory:

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.html>

Contact tracing is a strategy used to determine the source of an infection and how it is spreading. Finding people who are close contacts to a person who has tested positive for COVID-19, and therefore at higher risk of becoming infected themselves, can help prevent further spread of the virus.

Close contact is defined as being within 6 feet of someone with suspected or known COVID-19 for 15 minutes or longer over a 24 hour period. In some school situations, it may be difficult to determine whether individuals have met this criterion and an entire cohort, classroom, or other group may need to be considered exposed, particularly if people have spent time together indoors.

Isolation separates sick people with a contagious disease from people who are not sick. (for sick people who are already sick)

Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. (for people who are not sick, but may have been exposed)

People are considered “**fully vaccinated**” for COVID-19:

- At least 2 weeks after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna); or
- At least 2 weeks after they have received a single-dose vaccine (Johnson and Johnson [J&J]/Janssen)

Managing Your Risk

The NJ Department of Health [breaks down](#) the spread of COVID-19 into four factors:

1. **TIME:** How long will you be in a place? More time sitting in one place means higher risk.
2. **SPACE:** How much space will be around you? Less space means higher risk.
3. **PEOPLE:** How many people will be around you? More people means higher risk.
4. **PLACE:** What type of place are you going to? Indoor spaces mean higher risk.